

Breakfast

Breakfast (7:00am till 11:00am)

Egg choice: • scrambled • poached • boiled • fried with choice of bread W/B.
Add on for Rye Bread R4.00 (for 2 slice)



Start up Breakfast

R 29,00

1 Egg, oven herb roasted tomato & side serve of cheddar cheese & 1 slice toast W/B, (includes 1 butter)

Welsford's Breakfast

R 61,00

2 Eggs, streaks of bacon, sausage, oven herb roasted tomato & mushrooms, baked beans & 2 slices of toast W/B (includes 2 butters)

Wi-less Breakfast (Banting)

R 50,00

Avocado, bacon, 2 eggs, mushrooms & oven roasted tomato on a bed of fresh rocket leaves

Salmon instead of bacon - extra

R 21,00

French Lady

R 37,00

French toast ciabatta bun, bacon bits with bechamel, grilled to perfection and topped with 2 poached eggs

Eggs Benedict

R 49,00

2 poached eggs on ciabatta rounds with ham, hollandaise sauce & mozzarella

Add salmon - extra

R 21,00

Wrap it

R 46,00

Scrambled egg, tomato, bacon & mushroom in a wrap

Swiss Breakfast

R 31,00

Muesli, plain bulgarian yoghurt with seasonal fruit and drizzled with honey

Build Your own

Breakfast (7:00am till 11:00am)

(available for addition to existing dishes only)

Build your own Omelette

Omelette base: 3 eggs & a sprinkling of herbs R 23,00

Build your own Breakfast

Scrambled eggs base: 3 eggs R 18,00

Extras

(available for addition to existing dishes only)

Onion/ egg/ sliced tomato R 6,00

Rocket/ sour cream/ cherry tomato/ ham/ avo/
basil pesto/ cheddar cheese/ peppadews/ green
peppers/ mushrooms/ olives/ feta/ cream cheese R 10,00

Sundried tomatoes/ fig preserve/ bacon/ mozzarella
cheese R 15,00

Smoked salmon R 34,00

Per slice white or brown bread with a mini butter each R 3,00

per slice rye bread with mini butter each R 4,00

Sauce aside or side container R 5,00

Sandwich Bar

All sandwiches are served on sour dough bread, white or brown
slice/ or toasted.

NOTE: Buttermilk rye choice per 2 slices (Extra)	R 4,00
Cheese	R 20,00
Ham & cheese	R 24,00
Ham, cheese & tomato	R 27,00
Egg mayo	R 20,00
Chicken mayo	R 29,00
Tuna mayo	R 32,00
Bacon & egg	R 29,00
Bacon, cheese & egg	R 34,00
Bacon, chicken & avo	R 46,00

Open Sandwiches

Breakfast (7:00am till 11:00am)
Served on Ciabatta style bread



Chicken mayo

R 43,00

Tuna mayo

R 47,00

See extras on page 2

Croissants/Bakes

Plain - Does not include butter/ preserves	R 16,00
Cheese	R 22,00
Ham & cheese	R 26,00
Bacon & cheese	R 31,00
Bacon, egg & cheddar cheese	R 35,00
Scrambled eggs and bacon (7am - 11am)	R 32,00
Cheddar cheese & Jam	R 33,00
Smoked salmon and scrambled eggs, cheddar cheese and hollandaise (7am - 11am)	R 61,00
Muffins (if available)	
Plain scone - with preserves and cream	R 21,00
2 butters R3.00/ cream R5.00/ preserves R5.00	R 23,00

Pies

Chicken and mushroom	R 21,00
Cheese and smokey Beef	R 21,00
Beef and onion	R 21,00
Sausage roll	R 21,00
Spinach and feta	R 21,00
Pepper steak	R 21,00
Pie combo with chips	R 37,00

See page 2 for Extras

NOTE: Kindly ask waiter what we
have available for the day

Wraps

- Bacon, Chicken & Avo Wrap** - Tuscan grilled Chicken, bacon, avo and mayo R 48,00
- Gyro Wrap** - Greek Style gyro chicken, tzatziki sauce with cherry tomato & rocket leaves with yoghurt, lemon juice, garlic & oregano R 49,00
- Mediterranean Tuna Wrap** - Tuna, onion, sliced tomato, parsley, lettuce & lemon squeeze with mayo. R 48,00
- Steak Wrap** - Steak, balsamic reduced onions, lettuce & feta R 64,00
- Vegetarian Wrap** - Grilled veg (sweet potato, butternut, broccoli, cauliflower & baby marrows with a touch of basil pesto) R 48,00

Salads

- Tuna Salad** - Tuna, salad greens, cucumber, cherry tomatoes, onions, boiled egg & French vinaigrette R 51,00
- Greek Salad** - Cucumber, lettuce, tomatoes, onion, olives & traditional feta cheese R 43,00
- Grilled Cajun Chicken Salad** - salad greens, carrot, peppadews on a bed of greens. R 50,00
- Roasted vegetables Salad** - Roasted vegetables (sweet potatoes, butternut, broccoli, cauliflower & baby marrows) and hummus, served on a bed of mixed greens & creamy salad dressing. R 49,00
- Steak Salad** - marinated steak, balsamic reduced onions, avocado & feta, lettuce, cherry tomato R 65,00
- Bacon, Chicken & Avo Salad** - Mixed lettuce, cherry tomatoes, cucumber & dressing. R 61,00
- Dassler Salad** - Smoked chicken salad, tomato, cucumber, onions, peppadews with basil mayo dressing R 56,00
- Pesto Chicken Salad** - with apple, cucumber, onion & creamy basil dressing R 56,00

Sauce aside or side container R5.00

Starters

(From 11:30 - 14:45)



<i>Slice Pizza of the day</i>	R 14,00
<i>Chicken livers Peri-Peri – served with a warm & Crispy Portuguese roll</i>	R 35,00
<i>Herb Crumbed Chicken Strips</i>	R 37,00

Lunch

Fish & Chips – <i>English traditional beer batter deep fried hake served with crispy fries.</i>	R 61,00
Chicken Schnitzel – <i>Served with rustic fries, side salad & our homemade mushroom sauce.</i>	R 65,00
Thai green chicken curry – <i>served with jasmine rice</i>	R 59,00
Egg, Beef Mince & Veg Standup – <i>served with Side Salad</i>	R 52,00
Marinated Ribs – <i>served with fries</i>	R 72,00
Sirloin Steak – <i>200gr Sirloin with a Madagascan Pepper sauce served with fries and salad.</i>	R 86,00
Savouy Mince stuffed Pepper – <i>served with oven roasted veg</i>	R 56,00
Cape Malay Chicken Curry	R 62,00
Chicken Stir Fry	R 57,00
Vegetable Stir fry	R 52,00
<i>Replace Side salad or chips with Vegetables for extra</i>	R 13,00

Sauce aside or side container R5.00

Pasta

Bolognaise/ Napoletana/ Pesto/ Carbonara

Beef filled Ravioli – <i>with choice of sauce above</i>	R 56,00
Spinach & Feta Panzerotti – <i>with choice of sauce</i>	R 56,00
Chwe-Chwe Penne Pasta – <i>tomato, garlic, olive oil & fresh basil leaves</i>	R 49,00
Spaghetti Bolognaise	R 54,00
Linguine Napoletana	R 49,00
Pesto Penne <i>add chicken for extra R23.00</i>	R 54,00
Spaghetti Carbonara	R 57,00
Homemade Meat Lasagne – <i>3 layers of pasta, bolognaise with béchamel sauce & mozzarella cheese topping with side salad</i>	R 62,00
<i>Replace side salad or chips with vegetables for extra</i>	R 13,00

Vegetarian Entrée

Vegetable Stir fry	R52,00
Vegetable Curry - <i>served with rice</i>	R55,00
Creamy Broccoli - <i>with peppadew & baby marrow noodles & chef's spices</i>	R49,00

Sauce aside or side container R5.00



Banting Options

(From 11:30 - 14:45)



Shepherd's Pie - Beef mince with bacon & cauliflower mash, topped with cheese "au Gratin" R 70,00

Banting Burger - Bun Less bBeef burger with cheese, fresh avocado, fried egg, cherry tomato and a side salad R 73,00

Porto's Prego – bun less on a plate: grilled sirloin steak, ham, cheddar cheese, fried egg, salad & pickles topped with our Portuguese prego sauce. R 94,00

Chicken Curry & Cauliflower mash... R 70,00
"Speaks for itself" on flavours.

Zucchini Carbonara - Baby marrow in a creamy ham sauce topped with pecorino cheese. R 71,00

Creamy Tuscan fillet - Flame grilled Beef fillet strips tossed in cream, green peppercorns, chef's spices and zucchini noodles. R 89,00

Coconut Crumbed Hake - Hake strips, with sweet potato chips & topped with Welsford's curry mayo dressing R 72,00

Sauce aside or side container R5,00

Burgers/ Prego

All burgers/ Prego rolls are served with fries

Collingwood Beef Burger – Ground beef burger with cheddar cheese melt, dressed with our monkey gland sauce, lettuce, tomato, cucumber & onion with chips R 64,00

Add bacon R10 / Add avo R10 / Add cheese R8 /
Add grilled pineapple ring R6

Chicken Burger – freshly grilled chicken breast, onion, tomatoes and coriander mayo with chips R 57,00

Old Warehouse Burger (2 x 100gr patty) topped with cheesy, chilli & garlic sauce & chips R 84,00

Gate House Burger- beef grilled burger topped with roasted red pepper, pan fried pineapple & onion marmalade with chips R 72,00

Central Park Burger- beef grilled burger topped with sweet & spicy tropical fruit sauce with chips R 72,00

Green Burger- Veggie burger topped with chef's special dressing & side salad. R 72,00

Chicken Prego Roll - served with chips on a ciabatta roll R 60,00

Steak Prego Roll - served with fries on a ciabatta roll R 67,00

Replace side salad or chips with vegetables for extra R 13,00

Pitas

Pitas served with chips

Tikka chicken pita R 59,00

Masala steak pita with caramalised onions and fresh homemade tsaziki sauce R 68,00

Ricotta cheese, grated carrot, oven roasted peppers & sweet mayo dressing (Incl. sweet potato chips) R 61,00

Cumin chicken - turk inspired oven chicken with cumin, Fresh salsa & bulgarian yoghurt R 62,00

Sauce aside or side container R5.00

Pizza

One size only - medium +/- 24cm



Margarita - *Tomato base & mozzarella cheese* R 54,00

Regina - *Ham & mushroom* R 68,00

Hawaain - *Ham & pineapple* R 68,00

Vegetarian - *Butternut, spinach, feta & sundried tomatoes* R 78,00

Rossi - *Salami & feta* R 68,00

Steam Rocket - *Chicken, onion, feta & peri peri sauce* R 82,00

Zeppelin - *Bacon, feta & avo* R 83,00

**Avo seasonal replaced with peppadews.*

Soup of the Day

Soup of the day - *please see specials board for daily soup options - served with slice toast & cube butter* R 37,00

Sauce aside or side container R 5,00

We specialise in



Catering

(at our venue or at yours)

Corporate or boardroom catering

Private parties- set menus, 3 or 5 course

Year-end functions

High teas

Catering enquiries email info@welsfords.co.za

Bakes

Freshly baked cakes available daily

We specialise in carrot & pecan nut, chocolate & red velvet cakes & cupcakes, Belgium chocolate brownies and for the banter we have our popular Banting crackers.

Sushi

Orders placed 24 hours in advance

Platters available – corporate and private parties

Halaal

Enquire at the restaurant for more details

Venue Hire

*For Venue hire or catering requirements
email info@welsfords.co.za or call 082 0911860*

Coffee



	Single	Double
Americano	R 19,00	R 24,00
Espresso	R 14,00	R 22,00
Cappuccino	R 19,00	R 27,00
Red Cappuccino	R 21,00	R 27,00
Café Latte	R 22,00	R 27,00
Hot Chocolate		R 23,00
Iced Coffee		R 31,00
Iced Coconut Latte		R 31,00
Extra shot espresso		R 8,00
Decaf		R 14,69
Decaf Cappuccino	R 22,00	R 27,00
Flat White	R 22,00	R 28,00

Specialty Coffee

	Single	Double
Café Mocha		R 27,00
Hot Chocolate		R 23,00
Coconut Lattè		R 31,00

Teas & Reds

	Single	Double
Red Lattè		R 23,00
Red Cappucino		R 21,00
Red Espresso		R 19,00
TEAS Rooibos, 5 roses, green tea, chamomile, earl grey, peppermint		R 17,00
Chai Latte		R 25,00

Cold Beverages

CANS *Coke, coke light, coke zero, creme soda, fanta orange, sprite & sprite zero* R 12,00

ICED TEAS *Lipton peach & lemon* R 15,00

JUICES *Orange, mango, fruit cocktail, cranberry* R 15,00

REDBULL

Original R 27,00

Sugarfree R 27,00

Mineral Water *Still / Sparkling 500ml* R 11,00

Mineral Water *Still / Sparkling 1 Litre* R 19,00

500ml Bottles R 16,00

coke, coke lite, fanta, sprite

Appletiser or **Grapetiser** R 15,00

Smoothies

Not available as takeaway

Strawberry, papaya, lime R 42,00

Pineapple, kiwi, mint R 42,00

Yoghurt, banana, guava & honey R 47,00

Milkshakes

Not available as takeaway

Vanilla R 31,00

Chocolate R 31,00

Cappuccino R 37,00

Strawberry R 37,00

NOTE: Welsford Catering requests/ orders can be emailed to info@welsfords.co.za

Prices may vary depending on changes made to this menu. T & C's apply



Wine Selection



Glenview Wine Estate

Sauvignon Blanc
Merlot

R 95,00
R 95,00

Eikendal Wine Estate

Sauvignon Blanc
Pinotage
Charisma - Red Blend

R 155,00
R 180,00
R 180,00

Wine by glass (Merlot or Sauv Blanc)

R 29,00